



FEBRUARY 2022 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
■ = Auburn Recreation Program ♦ = Age-Friendly Committee Event ⌘ = 1 st Auburn Senior Citizens Meeting φ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting						
		1 ■ Chair Yoga	2 ⌘ = 1 st Auburn Senior Citizens Meeting	3 ■ Chair Yoga ■ Adult Craft Night	4 ■ Drop In Day ■ Feature Friday / Puzzle Swap & Tea Swap	5
6	7 ■ Drop In Day ■ Yoga with Emma	8 ■ Hike ■ Home Activity Kits ♦ Age-Friendly Committee Meeting	9 ◆ = Robin Dow Meeting	10 ■ Valentine's Crafting ■ Chair Yoga ■ Adult Craft Night	11 ■ Drop In Day ■ Feature Friday/Tech Talk	12
13	14 ♦ Age-Friendly Valentine's Day Snow Ball	15 ■ Chair Yoga ♦ Age-Friendly Movie 1pm	16 ⌘ = 1 st Auburn Senior Citizens Meeting	17 ■ Chair Yoga ■ Adult Craft Night	18 ■ Drop In Day ■ Feature Friday / Card Crafting	19
20	21 HOLIDAY - No Recreation Programs	22 ■ Home Activity Kits	23 ◆ = Robin Dow Meeting	24 ■ Kume Hibachi Trip ■ Chair Yoga ■ Adult Craft Night	25 ■ Drop In Day ■ Feature Friday / Book Club	26
27	28 ■ Drop In Day ■ Yoga with Emma					

Fitness

Stay active with Auburn Recreation!

- Pickleball – Hasty Community Center 8:30am-12pm \$2Res/\$3Non-Res (drop-in) Every Tuesday and Thursday
- Ingersoll Walking – Ingersoll Turf 9am-10am (drop-in) Every Tuesday and Thursday

Date	Time	Cost	Description
Tuesday, February 1	12:00 PM – 1:00 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non -resident Tuesday only: \$15 residents, \$20 non-residents; Thursday only: \$30 residents, \$35 non-residents Tues & Thurs: \$45 residents, \$55 non-residents - February 1, 3, 10, 15, 17 & 24 (Tues. classes held bi-weekly)
Wednesday, February 2	9:00 AM – 3:00 PM	\$5.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon.
Thursday, February 3	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non -resident Tuesday only: \$15 residents, \$20 non-residents; Thursday only: \$30 residents, \$35 non-residents Tues & Thurs: \$45 residents, \$55 non-residents - February 1, 3, 10, 15, 17 & 24 (Tues. classes held bi-weekly)
Thursday, February 3	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, February 4	10:00 AM – 11:00 AM	Free	Feature Friday: Stop in for the session and stay for the drop in if you would like. Double Swap Day! Puzzle Swap (bring a puzzle, take a puzzle - or two!) Tea Swap (bring a box, take a box) Feel free to bring an extra tea bag or two to share and enjoy while you are here
Friday, February 4	10:00 AM – 1:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Monday, February 7	9:00 AM – 2:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Monday, February 7	6:00 PM – 7:00 PM	\$10 \$12 non-residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, February 8	9:00 AM	\$3 \$5 non-residents	Hike – Range Pond / Poland. Explore our local hiking locations. Mini Bus Transportation \$3.00/resident; \$5.00 non-resident OR meet at location for free. Pre-registration required. Minimum 6/Maximum 14.
Tuesday, February 8	12:00 PM - 2:00 PM	Free	Sugar Scrub Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.
Tuesday, February 8	5:30 PM – 6:30 PM	N/A	Age-Friendly Community Committee Meeting

Wednesday, February 9	11:00 AM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Thursday, February 10	10:00 AM – 12:00 PM	\$5 \$7 non-residents	Valentine's Day Crafting - We will have everything you need to make pillows, cards, decorations and more! Pre-registration is required.
Thursday, February 10	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non -resident Tuesday only: \$15 residents, \$20 non-residents; Thursday only: \$30 residents, \$35 non-residents Tues & Thurs: \$45 residents, \$55 non-residents - February 1, 3, 10, 15, 17 & 24 (Tues. classes held bi-weekly)
Thursday, February 10	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, February 11	10:00 AM – 11:00 AM	Free	Tech Talk Friday – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Donna, Adult Services Manager at the Auburn Public Library. Pre-registration required.
Friday, February 11	10:00 AM – 1:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Monday, February 14	10:00 AM –	Free – all ages	Age-Friendly Valentine's Day Snow Ball. This is your chance to get dressed up and celebrate Valentine's Day! Semi-formal attire welcome, but not required. This is a FREE event. Donations will be gratefully accepted. Spaghetti & meatballs, Italian bread and butter, dessert & beverages Space is limited and pre-registration is required.
Tuesday, February 15	12:00 PM – 1:00 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non -resident Tuesday only: \$15 residents, \$20 non-residents; Thursday only: \$30 residents, \$35 non-residents Tues & Thurs: \$45 residents, \$55 non-residents - February 1, 3, 10, 15, 17 & 24 (Tues. classes held bi-weekly)
Tuesday, February 15	1:00 PM – 3:00 PM	Free – all ages	Age-Friendly Movie. In a series of interconnected stories, various Los Angeles residents (Jessica Alba, Jessica Biel, Bradley Cooper) wend their way through the highs and lows of love during a single day. As the holiday unfolds, they experience first dates, longtime commitments, youthful crushes and connections to old flames. Call 333-6601 x2108 for details. Rated PG-13 Pre-registration is helpful. Free popcorn!
Wednesday, February 16	9:00 AM – 3:00 PM	\$5.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon.
Thursday, February 17	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non -resident Tuesday only: \$15 residents, \$20 non-residents; Thursday only: \$30 residents, \$35 non-residents Tues & Thurs: \$45 residents, \$55 non-residents - February 1, 3, 10, 15, 17 & 24 (Tues. classes held bi-weekly)
Thursday, February 17	5:30 PM – 8:00 PM	Free	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time

		\$10 non-residents	with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, February 18	10:00 AM – 11:00 AM	Free	Feature Friday: Paper Crafting – This week we will make Thinking of You & Get Well Soon cards. Stop in for the session and stay for the drop in if you would like. Pre-registration helpful.
Friday, February 18	10:00 AM – 1:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Tuesday, February 22	12:00 PM - 2:00 PM	Free	Movie / TV Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.
Wednesday, February 23	11:00 AM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Thursday, February 24	10:00 AM – 2/3:00 PM	\$5 \$7 non-residents	Kume (Hibachi) Trip in Topsham- Fresh, beautiful sushi rolls, exciting hibachi meals, and more -- all served in a modern, welcoming space in Topsham! Pre-registration required. Min: 6/Max: 28 Price includes transportation only
Thursday, February 24	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non-resident Tuesday only: \$15 residents, \$20 non-residents; Thursday only: \$30 residents, \$35 non-residents Tues & Thurs: \$45 residents, \$55 non-residents - February 1, 3, 10, 15, 17 & 24 (Tues. classes held bi-weekly)
Thursday, February 24	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, February 25	10:00 AM – 11:00 AM	Free	Seniors & APL Connect: A Reading & Discussion Group- The ASCC, in partnership with the Auburn Public Library, is pleased to announce a reading and discussion book group. This group will meet monthly at the Auburn Senior Community Center, on the fourth Friday of each month, from 10:00-11:00 a.m. Our first meeting on January 28, will be organizational in nature, getting to know one another and discussing various genres in an effort to select our first book. Questions? Contact Jamie and Jody at the Auburn Senior Community Center or Donna at the Auburn Public Library -- 207-333-6640, ext. 4, or via email at dwallace@auburnpubliclibrary.org . Dates: 1/28, 2/25, 3/25
Friday, February 25	10:00 AM – 1:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Monday, February 28	9:00 AM – 2:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Monday, February 28	6:00 PM – 7:00 PM	\$10 \$12 non-residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.